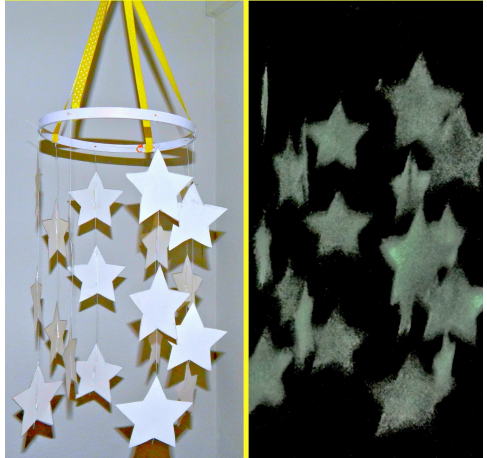
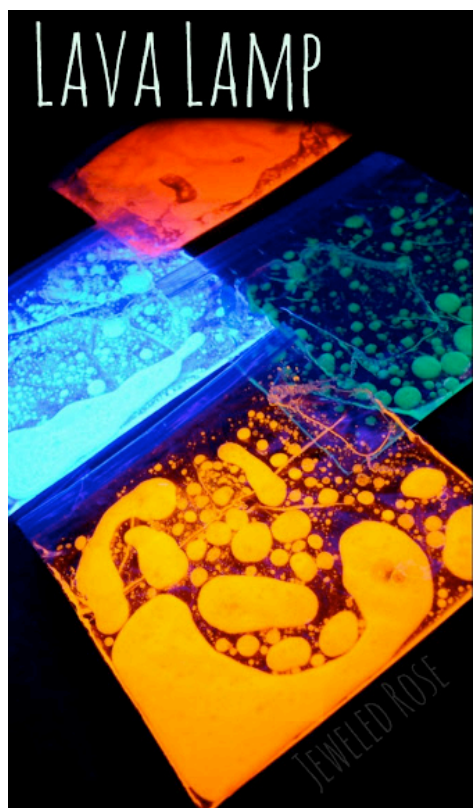
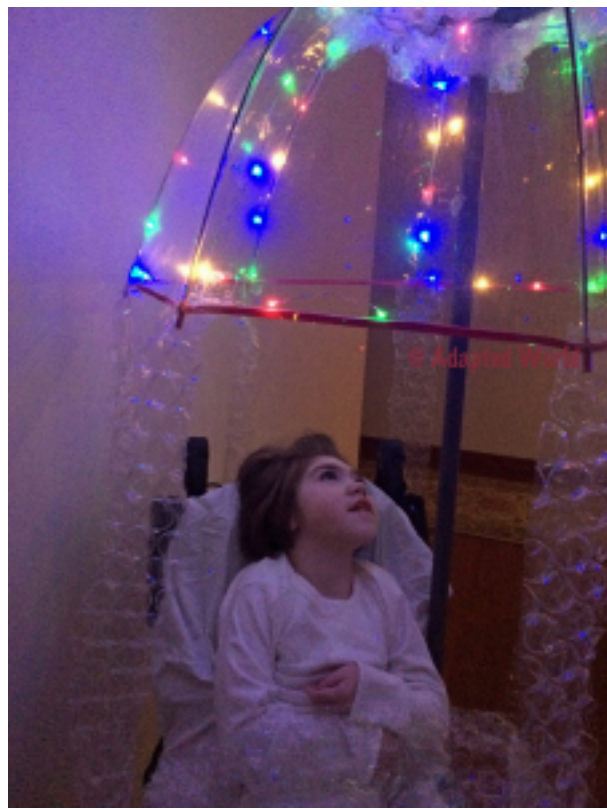
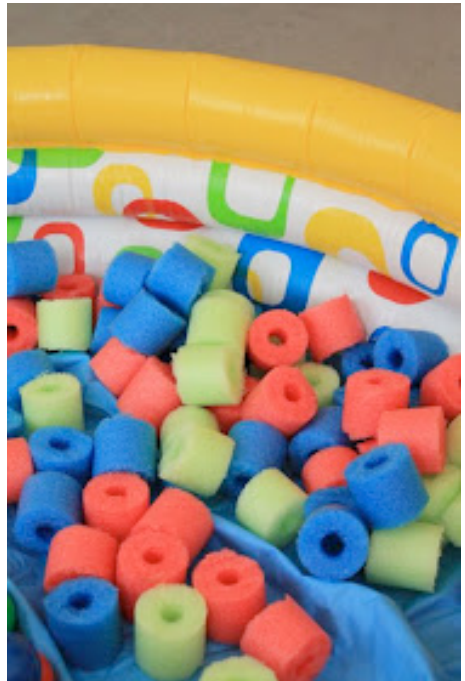


GLOW in the DARK HANGING STAR MOBILE



DIY SNOEZELEN ROOM for cheap!



\$8.50 From Medical Supply Companies
\$1 at the Dollar Store



Sensory Room Equipment Considerations	
General Categorization	Equipment Examples
Tactile	Stress balls; Koosh® balls; Wikki Stix®; books and magazines; arts-and-crafts supplies; putty; clay; rubbing stones; T-foam cubes; therapy brushes; beanbags; musical instruments; chalkboard and chalk; massage tools; vibrating gadgets; weighted lap pads, blankets, and vests; seasonal nature items (pumpkins, gourds, pine cones, flowers); beads; puzzles
Visual	TV, DVD/VCR player, wall or ceiling projectors, lighted ceiling effects, wall tapestry, books and magazines, laminated scenic pictures, posters, wall mural, colors and textures of wall paints and coverings, mobiles, wind chimes, rock waterfall, fish tank, bubble lamp, water toys, bubbles, glitter wands, colored scarves, target games, Simon™ game, light box
Auditory	Headphones, portable music player, stereo, assorted music selections, musical instruments, singing bowl, karaoke machine, videos, sound machine, rain stick
Olfactory	Scented candles, scented lotions and powders, linen sprays, aromatic beads, aromatherapy diffuser, cut flowers, cinnamon sticks, eucalyptus leaves, lavender buds, potpourri
Gustatory	Individually wrapped hot balls, sour candies, crunchy and chewy foods, sugar-free gum, strong mints
Body awareness, movement, and balance	Weighted blankets, blanket wraps, weighted lap pad, weighted stuffed animals, ankle weights, therapeutic brushing, vibration, self-massage, assorted seat cushions, rocking chair and glider rocker, beanbag chair, yoga videos and mats, therapy balls, medicine balls, a rock climbing wall, vibrating seating equipment
Other	Air purifier, locked cabinet, window treatments (blinds, shades, curtains), natural lighting, full spectrum lighting, book shelf, texturized wall coverings, chalkboard paint, electrical outlets and covers for when not in use
<i>Note.</i> All experiences are multi-sensory, and there is much overlap in the categorizations and equipment examples listed. This list is for introductory purposes and is not all inclusive.	

AOTA Reference:

Champagne, T. (2006, December). Creating sensory rooms: Environmental enhancements for acute inpatient mental health settings: Mental Health Special Interest Section Quarterly, 29 (4), 1-4.

Websites for tutorials or items on this handout.

Hanging stars:

<http://www.thissolemom.com/2014/03/glow-in-dark-star-mobile.html>

Lava sensory lamps (lots of ideas in this website):

<http://www.growingajeweledrose.com/2013/09/lave-lamp-sensory-bags.html>

Puffy ball:

<http://reclaimingthhome.typepad.com/home/2009/01/building-an-autism-sensory-room-on-the-cheap-tactile.html>

Water projector:

http://www.amazon.com/Lujex-Romantic-Projector-iPhone-Speaker/dp/B0065WM4PQ/ref=sr_1_1?ie=UTF8&qid=1428383894&sr=8-1&keywords=underwater+projector \$15

Jelly fish umbrella, Miss B's story:

<https://adaptedworld.wordpress.com/>

Noodle pool:

<http://everneveragain.blogspot.com/2013/06/pool-noodle-pool.html?m=1>

Way cheaper than a ball pit! \$30-\$40